

DEEP HEATING PLASTER

L-Menthol (4.26% w/w)

What is in this leaflet

1. What Deep Heating Plaster is used for
2. How Deep Heating Plaster works
3. How to use Deep Heating Plaster
4. Before you use Deep Heating Plaster
5. While you are using Deep Heating Plaster
6. Side effects
7. Storage and disposal of Deep Heating Plaster
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Deep Heating plaster is used for

Deep Heating Plaster is used for the temporary relief of minor aches and pains of muscles and joints associated with arthritis, simple backache, strains and sprains.

How Deep heating Plaster works

Deep Heating Plaster is a soft, flexible pain relieving pad. It contains L- Menthol which is one of natural ingredients. Menthol dilates the blood vessels when applied to skin, causing a sensation of coldness followed by pain relief effect.

Ask your pharmacist or doctor if you have any questions about this medicine.

Before you use Deep Heating Plaster

- When you must not use it

This preparation should not be used in those with known hypersensitivity to any component in the formulation.

- Before you start to use it

Pregnancy and breast feeding: Ask your doctor or pharmacist for advice before using / taking this medicine if you are pregnant or breast-feeding.

- Taking other medicines

Please consult your pharmacist / doctor before taking other medicines.

How to use Deep Heating Plaster

- How much to use

- Clean and dry affected area.
- Cut open pouch and remove pad.
- If desired, cut pad to size.
- Remove protective film while applying pad directly to the side of pain.

Follow all directions given to you by your doctor and pharmacist carefully. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

You may change-pad one to two times daily as needed.

- How long to use it

Continue taking Deep Heating Plaster as long as your doctor recommends or when needed.

- If you forget to use it

Apply it once you remember or as directed by doctor/pharmacist.

- If you use too much (overdose)

In case of accidental ingestion, seek professional assistance or contact a Poison Control Centre immediately.

While you are using it

- Things you must do

For external use only.

- Things you must not do

Avoid getting into the eyes or on the mucous membranes. Do not use with a heating pad or other external heating devices, or in combination with other external pain relief. Do not bandage tightly or cover with any type of wrap except clothing. Do not use more than the recommended dose unless your doctor tells you to.

- Things to be careful of

In conditions affecting children under 12 years of age, use only upon the advice of a physician. Keep this and all medicines out of the reach of children.

Side Effects

If pain persists for more than 7 days or if excessive redness, irritation, burning or discomfort of the skin develops, discontinue use and consult a physician immediately. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 0378835549, or visiting the website npra.moh.gov.my (Public→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of Deep Heating Plaster

-Storage

Store below 25°C in a dry place.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What is look like

Non woven fabric and film coating white plaster. Deep Heating Plaster pain relieving pad is thin enough to wear unnoticed under clothes day or night. It adheres firmly without the need of additional fixing aids on muscles or joints yet can be removed easily. It is not messy nor greasy and will not stain your clothing. Only you will know that you are wearing Deep Heating Plaster.

-Ingredients

-Active ingredients

L – menthol (4.26% w/w)

-Inactive ingredients

Ys Resin Px-1150, Adeps Lanae Depuratus, Zinc Oxide, Rubber.

-MAL number:

MAL20040176XC

Manufacturer

Teh Seng Pharm Mfg Co Ltd
42-1, Huan Gong Road, Yong Kang District, Tainan City, TAIWAN

Product Registration Holder

Rohto- Mentholatum (M) Sdn. Bhd.
Unit 9-1, Level 9 Wisma Averis, Avenue 5, Bangsar South City, No.8, Jalan Kerinchi, 59200 Kuala Lumpur Wilayah Persekutuan Kuala Lumpur Malaysia.

Date of revision

18/6/2018

Serial Number:

NPRA(R4/1)160518/00155