

DUCODIN LINCTUS

Pholcodine (5mg/5ml)

What is in this leaflet

1. What Ducodin Linctus 5mg/5ml is used for
2. How Ducodin Linctus 5mg/5ml works
3. Before you use Ducodin Linctus 5mg/5ml
4. How to use Ducodin Linctus 5mg/5ml
5. While you are using Ducodin Linctus 5mg/5ml
6. Side effects
7. Storage and disposal of Ducodin Linctus 5mg/5ml
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Ducodin Linctus 5mg/5ml is used for

Ducodin Linctus 5mg/5ml is used for the relief of unproductive coughs associated with common cold, sinusitis (inflammation of cavities around the nasal passages) and influenza. Suitable for cough treatment for diabetics.

How Ducodin Linctus 5mg/5ml works

Pholcodine is a cough suppressant and has a mild sedative effect which relieves local irritation of the respiratory tract over 8 to 10 hours. Pholcodine acts primarily on the central nervous system (CNS) causing depression of the cough reflex which is due partly to the direct effect on the cough centre in the medulla (a part of the brain).

Pholcodine has little or no analgesic (pain relief) action. It does not cause depression of respiration, CNS excitation, constipation or other side effects associated with narcotics. Pholcodine has a selective effect on the cough centre without affecting the respiratory centre.

Before you use Ducodin Linctus 5mg/5ml

- When you must not use it

Do not take this medicine if you are intolerant or hypersensitive to pholcodine or any other component in this product.

Do not take this medicine after the expiry date printed on the pack or if the packaging is damaged.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

Pregnancy and lactation

Pholcodine has been taken by a large number of pregnant women and women of child bearing age without an increase in the frequency of malformations or other direct or indirect harmful effects on the fetus having been observed.

Do not take Ducodin Linctus 5mg/5ml if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Tell your doctor/pharmacist if:

- you know you are at risk of developing respiratory failure. You need to be cautious if you have a history of asthma and it should not be given during acute attack.
- you have impaired liver function. The dosage and frequency may need to be reduced.
- you have chronic bronchitis and bronchiectasis (abnormal widening of the airway of the lungs). Cough suppressants may depress respiration and cause sputum retention, which may be harmful.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Concurrent use of Ducodin Linctus 5mg/5ml with alcohol or other central nervous system (CNS) depressants may increase the effects on the CNS.

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

How to use Ducodin Linctus 5mg/5ml

- How much to use

Adults

Oral, 10ml -15ml every 8-10 hours

Children 5 to 14 years old

Oral, 5ml -7.5ml every 8-10 hours

Children 2 - 5 years

Oral, 1ml per year of age (2ml = 2 years) every 8-10 hours

Not recommended for children under 2 years of age except on the advice of a physician.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacists.

- How long to use it

Continue taking Ducodin Linctus 5mg/5ml for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

DUCODIN LINCTUS

Pholcodine (5mg/5ml)

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

If you take too much of this medicine it may cause drowsiness, restlessness, excitement, loss control on body movement and breathing slowed down.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Ducodin Linctus 5mg/5ml.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Ducodin Linctus 5mg/5ml to anyone else, even if they have the same symptoms or condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the medicine makes you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Ducodin Linctus 5mg/5ml can cause side effects, although not everybody gets them.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine.

The side effects with this medication may include:

- nausea or vomiting
- drowsiness
- restlessness
- excitement
- ataxia (loss control on body movement)
- respiratory depression (breathing slowed down)

Other unwanted side effects not listed may occur. Tell your doctor immediately.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers→Reporting)

Storage and disposal of Ducodin Linctus 5mg/5ml

- Storage

Keep out of reach of children.

Store below 25°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Orange liquid with orange flavour.

- Ingredients

- Active ingredients

Each 5 ml contains:
5mg of Pholcodine

- Inactive ingredients

Ethyl Maltol
Orange Flavour
Propyl Paraben
Sorbitol Solution 70%
Purified Water
Sodium Citrate
Citric Acid
Propylene Glycol
Sunset Yellow
Vanillin
Glycerine
Methyl Paraben

- **MAL Number:**
MAL07101251A

Manufacturer

HOVID Bhd.
121, Jalan Tunku Abdul Rahman,
30010 Ipoh, Malaysia.

Product Registration Holder

HOVID Bhd.
121, Jalan Tunku Abdul Rahman,
30010 Ipoh, Malaysia.

Date of revision

15/10/2015

Serial Number

BPFK(R4/1)220615/00160