

# PHARMANIAGA THEOPHYLLINE EXPECTORANT

Theophylline/Glyceryl Guaiacolate (50mg/30mg per 5ml)

## What is in this leaflet

1. What Pharmaniaga Theophylline Expectorant is used for
2. How Pharmaniaga Theophylline Expectorant works
3. Before you use Pharmaniaga Theophylline Expectorant
4. How to use Pharmaniaga Theophylline Expectorant
5. While you are using Pharmaniaga Theophylline Expectorant
6. Side effects
7. Storage and disposal of Pharmaniaga Theophylline Expectorant
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What Pharmaniaga Theophylline Expectorant is used for

Pharmaniaga Theophylline is used to treat asthma and bronchitis (inflammation of the airways that carry air to your lungs).

## How Pharmaniaga Theophylline Expectorant works

Pharmaniaga Theophylline Expectorant works by opening up the air passages of the lungs so that air can flow into the lungs more freely. This makes breathing easier and help you feel less tight-chested, less breathless or less wheezy.

Guaiifenesin functions as an expectorant by increasing the volume and reducing the viscosity of secretions in the trachea and bronchi. This may help to increase the efficiency of the cough reflex and facilitate removal of the secretions

## Before you take Pharmaniaga Theophylline Expectorant

### -When you must not take it

Pharmaniaga Theophylline Expectorant should not be taken if you are allergic to:

- theophylline
- guaiifenesin
- aminophylline
- any of the ingredients listed at the end of this leaflet

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

Do not take this medicine or give it to a child after the expiry date printed on the pack or if the packaging shows signs of tampering.

If the product has expired or is damaged, return it to your pharmacist for disposal.

### - Before you start to take it

Tell your pharmacist or doctor if you have allergies to any other medicines, foods, preservatives or dyes.

### *Pregnancy and breastfeeding*

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding. Theophylline crosses the placenta and enters into breast milk. Your doctor or pharmacist can discuss with you the risks and benefits involved.

Before taking Pharmaniaga Theophylline, make sure your doctor or pharmacist knows:

- If you are pregnant, trying for a baby or breast-feeding.

- If you have any heart or liver problems.
- If you drink alcohol or smoke.
- If you suffer from *epilepsy* (fits).
- If you are taking other medicines, including those available to buy without a prescription, herbal or complementary medicines.
- If you have ever had an allergic reaction to this or to any other medicine.

### - Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and theophylline may interfere with each other.

These include:

- antibiotics such as ciprofloxacin,
- enoxacin or rifampicin.
- medicines used to treat ulcers such as cimetidine
- allopurinol
- propranolol
- mexiletine
- medicines used to treat epilepsy or fits such as phenytoin
- tacrine
- thiabendazole

These medicines may be affected by Pharmaniaga Theophylline Expectorant or may affect how well Pharmaniaga Theophylline Expectorant works. You may need different amounts of these medicines, or may need to take different medicines.

Also tell your doctor or pharmacist if you consume any alcohol. Your doctor or pharmacist may have more

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information on medicines to avoid while consuming this medicine.

## **How to use Pharmaniaga Theophylline Expectorant**

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions as instructed on your prescription bottle, consult your pharmacist, nurse, or doctor.

### - How much to use

**Adult:** 15 mL four times daily

### **Children:**

**6 to 12 years :** 15 mL four times daily

**2 to 6 years :** 0.5 mL/kg. To be taken four times daily.

Do not give to children more frequently than every 6 hours.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to take it

Continue taking your medicine as instructed by your doctor. It is important to keep taking your medicine even if you feel well.

### - If you forget to take it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take extra medicine to make up the missed dose.

### - If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much

of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much Pharmaniaga Theophylline Expectorant may cause high blood pressure, irregular heartbeat, convulsions, respiratory arrest (loss of breathing function) and coma.

## **While you are using Pharmaniaga Theophylline Expectorant**

### - Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

If you are about to be started on any new medicine remind your doctor and pharmacist that you are taking Pharmaniaga Theophylline Expectorant.

Tell any other doctors, dentists and pharmacists that you are taking this medicine.

If you become pregnant while taking this medicine, tell your doctor immediately.

### - Things you must not do

Do not take Pharmaniaga Theophylline Expectorant to treat any other complications unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Do not stop taking the medicine or lower the dosage without consulting your pharmacist or doctor.

### - Things to be careful of

Be careful while driving or operating any machineries until you know how Pharmaniaga Theophylline Expectorant affects you.

Be careful when drinking alcohol or smoking cigarettes or marijuana, as these may interfere with how well Pharmaniaga Theophylline Expectorant works.

## **Side effects**

Tell your pharmacist or doctor if you do not feel well while you are taking Pharmaniaga Theophylline Expectorant. This medicine helps most people, but it may have unwanted side effects on some people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of side effects. You may not experience any of them.

Ask your pharmacist doctor to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following:

- nausea, vomiting, gastrointestinal discomfort
- headache
- flushing, skin rash
- difficulty sleeping
- feeling restless, nervous or
- irritable
- abnormal heartbeat

# PHARMANIAGA THEOPHYLLINE EXPECTORANT

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- low blood pressure
- rapid breathing
- blood in the urine
- fast or irregular heartbeat

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

Other side effects not listed above may also occur in some people. Tell your doctor or pharmacist if this happens to you.

You may report any side effect or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel :03-7883 5550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my)  
(Consumers → Reporting)

## Storage and disposal of Pharmaniaga Theophylline Expectorant

### - Storage

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep it where children cannot reach it.

### - Disposal

Medicines should not be disposed of via wastewater or household waste. Ask

your pharmacist on how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### - What it looks like

Clear mixture, colourless to pale yellow and with sweet taste.

### - Ingredients:

- Active ingredients:

Pharmaniaga Theophylline Expectorant contains (per 5ml) Theophylline 50mg, Guaiphenesin 30mg

- Inactive ingredients:

Purified Water, Disodium Hydrogen Phosphate, Sugar, Methylparaben, Propylparaben and Sodium Saccharin.

### MAL Number:

MAL20000684AZ

## Manufacturer:

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

## Product Registration Holder:

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

## Date of revision:

19/10/2015

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