

GLUCO-S1500 POWDER FOR ORAL SOLUTION

Glucosamine Sulfate 1500mg

What is in this leaflet

1. What GLUCO-S1500 Powder is used for
2. How GLUCO-S1500 Powder works
3. Before you use GLUCO-S1500 Powder
4. How to take GLUCO-S1500 Powder
5. While you are using GLUCO-S1500 Powder
6. Side Effects
7. After using GLUCO-S1500 Powder
8. Product description
9. Manufacturer
10. Product Registration Holder
11. Date of revision

What GLUCO-S1500 Powder is used for

GLUCO-S1500 Powder is used as an adjuvant therapy for osteoarthritis, a medical condition where the cartilage that cushions the ends of bones in the joints deteriorates over time, eventually causing pain and affecting mobility.

How GLUCO-S1500 Powder works

Glucosamine is a natural component of cartilage – which is found in the joints in between the bones. It is synthesized by the body, but the ability to do so declines with age. Researchers think that taking glucosamine supplements may help increase the cartilage content in the joints.

Before you use GLUCO-S1500 Powder

When you must not take it

- You should not use GLUCO-S1500 Powder
- if you are allergic to glucosamine or to any of the

other ingredients of GLUCO-S1500 Powder.

- if you are allergic to shellfish, as glucosamine is obtained from shellfish.
- if you suffer from a genetic metabolic disorder (phenylketonuria).

Before you start to take it

Take GLUCO-S1500 Powder exactly as directed on the label, or as prescribed by your doctor. Do not use it in larger amounts or for longer than recommended.

Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines including medicines obtained without a prescription. Caution should be exercised if GLUCO-S1500 Powder is combined with medicines such as warfarin, tetracycline and oral anti-diabetic agents.

How to take GLUCO-S1500 Powder

How much to take

Take the content of one sachet (dissolved in a glass of water) once daily.

When to take it

Take GLUCO-S1500 Powder preferably after meals.

How long to take it

Glucosamine is not indicated for the treatment of acute painful symptoms. Relief of symptoms (especially pain relief) may not be experienced until after several weeks of treatment and in some cases even longer. If no relief of symptoms is experienced after 2 to 3 months, continued treatment with glucosamine should be re-evaluated.

If you forget to take it

Take the next dose as planned. Do not take a double dose to make up for a forgotten one.

If you take too much (overdose)

If you take more GLUCO-S1500 Powder than you should, you must consult your doctor, pharmacist or a hospital.

While you are using GLUCO-S1500 Powder

Things you must do

Ask a doctor or pharmacist about using GLUCO-S1500 Powder if you have:

- diabetes; closer monitoring of blood sugar levels may be necessary when starting treatment with glucosamine.
- asthma; you should be aware of potential worsening of symptoms when starting on glucosamine.
- severe liver or kidney problems.

Things you must not do

GLUCO-S1500 Powder should not be used during pregnancy and breastfeeding. Ask your doctor or pharmacist before taking any medicine.

Things to be careful of

No studies of the effects on the ability to drive and use machines have been performed. If you experience dizziness or drowsiness while taking GLUCO-S1500 Powder, you should not drive or operate machinery.

Side Effects

Like all medicines, GLUCO-S1500 Powder can have side effects, although not

everyone gets them. The following are reported:

- Common ($\geq 1/100$ to $< 1/10$): headache, tiredness, nausea, abdominal pain, indigestion, diarrhoea, constipation.
- Uncommon ($\geq 1/1000$ to $< 1/100$): rash, itching, flushing.

If any of these side effects gets serious, or if you notice any side effects not listed in this leaflet, inform your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 0378835550, or visiting the website portal.bpfk.gov.my (Consumer → Reporting).

After using GLUCO-S1500 Powder

Storage

Store below 30°C and keep out of reach of children.

Disposal

Dispose after the expiry date on the product.

Please consult your pharmacist on how to dispose of medicines no longer required.

Product description

What it looks like

GLUCO-S1500 Powder is a white to off-white granular powder contained in single-dose sachets.

Pack size: 30 sachets.

Ingredients

One sachet contains crystalline glucosamine sulfate 1884mg

equivalent to glucosamine sulfate 1500mg.

The other ingredients are: sorbitol, polyethylene glycol 4000, citric acid and aspartame.

MAL08082494XC

Manufacturer

China Chemical & Pharmaceutical Co., Ltd.

182-1, Keng Tze Kou, Hsinfong, Hsinchu, Taiwan, R.O.C.

Product Registration Holder

Apex Pharmacy Marketing Sdn Bhd

No. 2, Jalan SS13/5, 47500 Subang Jaya, Selangor Darul Ehsan

Date of revision

29 May 2013